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List of Questions to Ask Doctors When Evaluating Treatments

Can you please explain my illness?

What type is it?

Where is it located? (if this applies)

What are the risk factors for this illness?

Are my family members at risk? If so, what should they do?

Tell me about your hopeful patients and success stories.

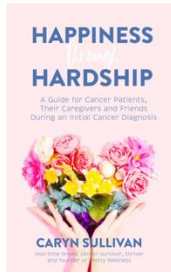
What diagnostic tools have you used/should you use for my case?

Are there any side effects from using these?

How often will you monitor me long-term with these tools?

Where do I go?

How should I prepare for them?



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What is your recommendation for treatment?

Why?

What are the pros/cons of this treatment?

What are the side effects?

What are my options for managing the side effects?

Will my other activities and lifestyle activities (e.g., diet, exercise, etc.) need to be changed as a result of starting with this treatment?

How have your patients fared on this treatment (side-effects-wise)?

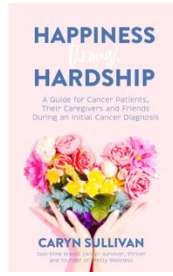
How will this influence my life over the short term and long term?

What is the expected timeline until I start the treatment? Through the entire treatment?

What are my other options for treatment?

How many patients like me have you treated?

How much experience do you and your team have with patients with my particular case?



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Do you have a cancer care team or other doctors/nurses/people who will support me during my illness?

Can you explain their roles?

Are there other support services available to me and my family?

Does the hospital offer counseling, nutrition guidance, massage, reiki, or integrative medicine?

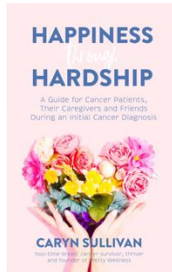
Do you take calls after hours or send emails to your patients?

Do you encourage your patients to call or email with questions?

Is there a person who can talk me through managing the costs of this illness?

Who in your office handles health insurance concerns?

If you think of any additional questions to add to this list, please email us at caryn@carynsullivan.com.



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